

A Special Offer to Friends and Associates Only

Imagine... being organized and relaxed – at the same time.

Announcing... the Biblical Stress Management Calendar

We designed it ourselves, inputted all the information, and then published it because we felt it was so good.

16 monthly calendars – each month with a different biblical quote, and beneath that quote an explanation of how to reduce stress by using that concept.

Large spaces to write your appointments.

Jewish holidays – dates and days of the week until 2006.

American (and Christian) holidays through 2005.

Pages for journaling.

Pages for contacts, phone numbers, and e-mail information.

A wonderful appointment calendar that can be used as a wall calendar or folded to conveniently carry in pocket or purse.

You will not find any other calendar like this anywhere in the world!

At those office supply stores, a comparable (not really) value at \$24.99.

What would you pay for a calendar like this?

I would like to give you one for free.

Today.

For 7 years I've been teaching these Biblical Stress Management concepts and your neighbors have been seeing and experiencing the benefits.

Better sleep and rest.

Improved mood and happiness.

An overwhelming sense of peace and purpose.

I want you, too, to enjoy the power of the Biblical Stress Management series.

The series consists of the Biblical Stress Management Book, “And He was Refreshed,” the Biblical Stress Management Relaxation CD, “The Breath of Life.” And you don’t even need to have studied the Bible to understand the ideas and gain benefit from this.

The Biblical Stress Management Book is an easy-to-read, wise and thought provoking parable that is not preachy and not judgmental. It is a delightful story contemporary people (you might even recognize yourself or some one you know in the story) who learn to control their modern day stress with ancient Biblical techniques. You might even be able to improve your life within the first few minutes you start reading it. The ideas and concepts will occupy your heart and mind for life.

“The Breathe of Life” CD is a guided imagery relaxation based on the bible story of God breathing the breath of life into Adam, the first human. But instead of breathing into Adam, this recording leads you through a personal experience of the “Breath of Life.” It is a documented fact that most people hold their breath (or breathe very shallowly) when they are stressed, reducing oxygen and making their stress reactions worse. People who listen to this recording report better sleep, improved mood, and a sense of peace and well-being.

What would you pay for this sense of calm and peace?

I’m so excited to share the ideas of Biblical Stress Management and get you the calendar for your home or office that I will give you the calendar for free when you order the Biblical Stress Management package (Book and Relaxation CD) for the package rate of \$25 (usually a \$43 value). And I’ll even throw in free shipping and handling.

I know you will be so satisfied with the Biblical Stress Management package that I am also offering you a lifetime satisfaction guarantee.

If you are not satisfied, just return the items for a full refund. Anytime. No questions asked.

Again, you’ll receive the Biblical Stress Management Book, the “Breath of Life” relaxation CD, and the calendar. I’ll even send you a special free report about the research and the importance of proper breathing. We did the research so you won’t have to.

And all this for \$25. The Book, the Relaxation CD, the 16 month calendar, and a special report for only \$25. And the lifetime money back guarantee.

But this offer is for a limited time only and while supplies last. The deadline is August 31, 2003 at 8 am.

To receive your Biblical Stress Management package, please complete and mail the following form to:

Gail Bretan & Associates, Inc.
PO Box 740774
Boynton Beach, FL 33474-0774

Or visit our website to use PayPal
www.BiblicalStressManagement.com
(561) 704-8240, gail@bretan.com

___ Send me ___ copies of the Biblical Stress Management Package at \$25.00 = \$___.
I will receive the Book, CD, Calendar, Special Report, and Lifetime Guarantee.
(P.S. this makes a wonderful "I care" gift for your loved ones)

___ Please sign me up for your free monthly e-zine.

___ Please contact me to have Gail speak at my organization or company.

Name: _____
E-mail: _____
Phone: _____
Address: _____
City, State & Zip: _____
Comments: _____

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